WHAT IS CLAIMED IS:

1. A method for preparing a thin film of metal oxide containing one or more metal elements on a substrate, comprising the steps of:

applying a sol-gel solution containing said one or more metal elements to a surface of said substrate;

drying said sol-gel solution to prepare a dried gel film on said substrate;

soaking said dried gel film on said substrate in an alkaline aqueous solution containing at least one kind of metal element among said one or more metal elements in a container;

sealing said container; and

performing hydrothermal treatment for said dried gel film on said substrate in the sealed container to prepare said thin film of metal oxide on said substrate.

- 2. The method for preparing a thin film of metal oxide according to claim 1, wherein in said step of performing hydrothermal treatment, an internal temperature of said sealed container is set to a temperature of 374°C or lower.
- 3. The method for preparing a thin film of metal oxide according to claim 2, wherein in said step of performing hydrothermal treatment, an internal temperature of said sealed container is set to a temperature of no lower than 140°C and no higher than 240°C.

- 4. The method for preparing a thin film of metal oxide according to claim 1, further comprising the step of boiling said alkaline aqueous solution before said step of soaking.
- 5. The method for preparing a thin film of metal oxide according to claim 1, wherein said one or more metal elements contained in said metal oxide are barium and titanium;

said sol-gel solution comprises a barium acetate and a titanium alkoxide; and

said at least one kind of metal element contained in said alkaline aqueous solution is barium.

6. The method for preparing a thin film of metal oxide according to claim 1, wherein said one or more metal elements contained in said metal oxide are barium, strontium and titanium;

said sol-gel solution comprises a barium acetate, a strontium acetate, and a titanium alkoxide; and

said at least one kind of metal element contained in said alkaline aqueous solution are barium and strontium.

7. A thin film of metal oxide prepared by a method for preparing a thin film of metal oxide containing one or more metal elements on a substrate, which comprises the steps of:

applying a sol-gel solution containing said one or more metal elements to a surface of said substrate;

drying said sol-gel solution to prepare a dried gel film on said substrate;

soaking said dried gel film on said substrate in an alkaline aqueous solution containing at least one kind of metal element among said one or more metal elements in a container;

sealing said container; and

performing hydrothermal treatment for said dried gel film on said substrate in the sealed container to prepare said thin film of metal oxide on said substrate.

- 8. The thin film of metal oxide according to claim 7, wherein said thin film of metal oxide has substantially no carbon.
- 9. The thin film of metal oxide according to claim 7, wherein a leakage current in said thin film of metal oxide is 10⁻⁷ A/cm² or less when a voltage of 2V is applied to said thin film of metal oxide.
- 10. The thin film of metal oxide according to claim 7, wherein a relative dielectric constant of said thin film of metal oxide is 20 or higher.
- 11. A capacitor including a thin film of metal oxide containing one or more metal elements as a dielectric, wherein said thin film of metal oxide is prepared by a method for preparing a thin film of metal oxide containing one or more metal elements on a substrate, which comprises the steps of:

applying a sol-gel solution containing said one or more metal

elements to a surface of said substrate;

drying said sol-gel solution to prepare a dried gel film on said substrate;

soaking said dried gel film on said substrate in an alkaline aqueous solution containing at least one kind of metal element among said one or more metal elements in a container;

sealing said container; and

performing hydrothermal treatment for said dried gel film on said substrate in the sealed container to prepare said thin film of metal oxide on said substrate.

12. A memory comprising a capacitor which includes a thin film of metal oxide containing one or more metal elements as a dielectric, wherein said thin film of metal oxide is prepared by a method for preparing a thin film of metal oxide containing one or more metal elements on a substrate, which comprises the steps of:

applying a sol-gel solution containing said one or more metal elements to a surface of said substrate;

drying said sol-gel solution to prepare a dried gel film on said substrate;

soaking said dried gel film on said substrate in an alkaline aqueous solution containing at least one kind of metal element among said one or more metal elements in a container;

sealing said container; and performing hydrothermal treatment for said dried gel film on said substrate in the sealed container to prepare said thin film of metal oxide on said substrate.